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Travel Show: In search of great food, wherever you go

February 24, 2013 | By Mary Forgione | Los Angeles Times Daily Travel & Deal blogger

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Finding good food abroad, from top Paris restaurants to Singapore's street stalls, requires some planning, but how much?

L.A. Times restaurant critic Jonathan Gold led a panel called "Tasting Tips Around the Globe" with food bloggers Cathy Chaplin, Tomo Kurokawa and Barbara Hansen on Saturday at the Los Angeles Times Travel Show.



Food bloggers Tomo Kurokawa, left, Barbara Hansen and Cathy Chaplin discuss... (Tom Politeo)

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Chaplin, who writes a blog called Gastronomy, said she's a big fan of spreadsheets when planning a week of serious eating in, say, Paris.

Kurokawa, a medical doctor who blogs about her food experiences on Tomostyle, takes a more laid-back approach. If she's in a great food city -- Paris, Madrid, London or Tokyo -- she'll plan one or two nice meals then wander around a bit.

The panelists took questions from the audience about great places to street eat -- Singapore, India and Thailand, according to Hansen -- and talked about which ethnic cuisines appear to be on the rise.

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